



150a Bligh Street, Warrane

Ph: 6244 6346

Email: info@wmnc.org.au

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Manager's Note:

Hello and Happy New Year to you all. We hope that everyone had a caring and kind holiday time and that you are going well. Holidays have flashed by, and we are back into it quicker than hot cross buns onto boxing day shelves! The year is off and running and we are excited to build on last year's fantastic work by our staff, volunteers and greater community.

This year we are running all our great activities as usual, building on our collaborative partnerships, and looking at opportunities to grow. Alongside this we are looking to work with other organisations to support new activities, and we would welcome your input into what you feel would be positive and useful additions.

We are eager to welcome new community groups, explore how to better align our House and Garden sites and grow participation at both.

Connection is a significant priority for us, and we will be working hard to link with more of our community through food connections, garden and growing and digital literacy activities to name a few.

Importantly, we need to hear from you, our community to understand what is wanted and needed and build new ideas for the Neighbourhood House and Community Garden. We will be speaking with you throughout the year as part of this and very much welcome conversations and ideas.

On behalf of our awesome team, welcome to the new year, and welcome to your Neighbourhood House and Community Garden. Please visit, call us, and connect with our activities, community, and collaborators.

We are sure this will be a great year ahead.

~ Ben



Acknowledgment of Country

In the spirit of reconciliation, the Warrane Mornington Neighbourhood Centre acknowledges the Traditional Custodians of country throughout Australia and their connections to land, sea and community. We pay our respect to their Elders past and present and extend that respect to all Aboriginal and Torres Strait Islander peoples today.

OPENING HOURS

Mon 8:30am - 3:30pm, Tues 8:30am - 3:30pm, Wed 8:30am - 3:30pm, Thurs 8:30am - 3:30pm, Fri 9am - 1pm

Recent Events Recap



Above: So many wonderful hats on display for the Mad Hatters High Tea Seniors Week event in October 2022.



We hope everyone enjoyed an eventful Xmas Lunch in Dec 2022. Pictured above at this event are
L-R Back: Centre Manager Ben Cooper, Deputy Mayor Allison Ritchie, Rosny Library Services Officer Georgina.
L-R Front: Community members Rose, Barbara & Mary.

Below: End of Year BBQ at the Warrane Community Garden. Perfect weather to help us thank and celebrate our amazing volunteers.



Undercover Area Revamp



We are very grateful to Bunnings Mornington for the donated seating to help make our undercover outdoor area more welcoming and comfortable.

With further plans for improving this space, community members are welcome to use it to relax in or meet during Centre opening hours.

Come and hangout with us for brekky and a chat on Wednesday 15 Feb, 15 Mar & 12 April (see details of Hangout Hour) on page 5.

Food Donor Thanks



These amazing organisations supported our Xmas Food Drive to create 40 hampers for community members needing food support over Xmas: Lions Club of Clarence in partnership with Lindisfarne IGA, Tasmanian Country Women's Association - Lindisfarne, Rosny Library staff plus many wonderful individuals.

A heartfelt thank you to all who contributed.



Pictured: Georgina delivering donations from the staff at Rosny Library.

Food Donations & Reusable Bags

We welcome any in-date pantry items at home that you no longer require. Along with clean reusable bags we often need staple pantry items to keep our Food Assistance pantry topped up.

We seek items such as:

- Flour, Rice, Noodles, Pasta
- Pasta Sauces
- Canned Vegetables, Legumes,
- Soups
- Canned Spaghetti/Baked Beans
- UHT milk, Cereal
- Clean reusable bags



All donations are greatly appreciated and can be dropped at the Centre during opening hours.

NEW Intro to Computing



If you are new to computing this TAFE accredited course, taught here at the Centre is for you. Learn how to create and use email accounts, use Google apps, protect yourself online, create save and print documents & more.

Enquire to enrol in this FREE course by March 15

Please call 6244 6346 or info@wmnc.org.au for details

Room Hire

If you are seeking a room to meet a client, host a meeting/forum or a gathering, we may be able to assist you (restrictions do apply).

The Centre has a large indoor space, an outdoor space (including an undercover deck) and kitchen facilities. If you are looking for somewhere and think our centre might meet your needs, please give us a call on 6244 6346 to make further enquiries.

Centre Facilities

Do you need to access a computer? Need to print or scan something? We can help! We have computers, a printer, scanner and laminators (A4 & A3) available for use.

Printing pricing: 10c per A4 page in B&W
50c per A4 page for Colour
Laminating costs: 50c per A4 sheet / \$1 per A3 sheet
Bookings are preferred - call on 6244 6346



No Interest Loan Scheme

The No Interest Loans Scheme (NILS) is a service that supports people on low incomes to purchase essential household items and services. We can support you to make your loan application here at the Centre. Please call NILS directly on 1300 301 650 to begin your loan application prior to calling us to book in your appointment.

'Seriously Good' Coffee!

Are you a coffee lover? Ben, our Manager, has declared our coffee to be 'seriously good' and would like to invite you to come join us at the Centre and indulge in a coffee for only \$2. Not only will you get to meet us and learn about who we are and what we do, you will also be supporting the centre. Everybody welcome!



Community Lunch

Come join us for lunch! Every 2nd Wednesday a two course meal is offered at the Centre and all community members are welcome and encouraged to join us for a social lunch! Bookings are required, so please call us on 6244 6346 to book in. We look forward to having you join us.

A donation of \$5 is requested to help cover the rising cost of ingredients and support the continuation of our great lunches for you and community members in need.



Food & Fun

Held every Tuesday, come along and enjoy the friendly atmosphere. There's morning tea among friends and you can participate in a fun game to win grocery prizes. It doesn't matter if you've never played before, there will be people around who will help you out on the day. All very welcome to come along and join the fun!
Cost \$20

Wellness Workout

Looking for an exercise class that focuses on strength, flexibility, and balance in a fun and relaxed environment? Then this class is for you!



Wellness Workout runs every Friday at 10:30am and costs \$5 per class.

Please bring a water bottle and hand towel. If you are thinking of joining the class, please give us a call on 6244 6346.

Yoga & Pilates

Join Rhiannon and a community of like-minded yoga students on Mondays & Wednesdays for:

Mondays: 8:30am Gentle Flow Yoga & 9:45am Vinyasa Flow on Mondays (except the last Monday of the month). On the last Monday of each month Rhiannon runs a 90 minute Yin Yoga session from 9am.

Wednesdays: Floor Pilates from 9am

To book into a class, follow the below link:
<https://sunflower-yoga-and-pilates.au3.cliniko.com/bookings>

Beginners Welcome!



Rhiannon



Loui's Van

Loui's Van is at the Centre every Tuesday evening from 6:10 - 6:30pm. All are welcome!

The Loui's Van volunteers provide food (including soup and sandwiches), hot and cold drinks, information about services, support and companionship.



Food Assistance

Each week we receive a limited amount of food from providers which include items such as bread, milk, fruit and vegetables to distribute to those who need some assistance. These items are available for pickup from 8:30am each Wednesday and are offered on a first come first serve basis (no holds available). Please follow the signage for direction on where to collect at the Centre.

The Centre also greatly appreciates food donations from the community to help support this program.

Drop In Rec Program



Do you have a young person looking for something to do on a Monday afternoon? Well this program might be just what you are looking for! Run on Mondays during school terms, aimed at young people in grades 5 to 8 - a drop in space for young people to enjoy food, games, music and craft activities.

For more information call 6244 6346

Eastside Repair Cafe

Toss it away? No way!

If you have a broken item in need of repair, a repairer with the skills and tools can advise on fixability and show you how to repair it at these FREE events. A confirmation of repair skills available each event is shared through social media and Repair Cafe's emailing list in the week prior to events. [Email: eastsiderepaircafe@gmail.com](mailto:eastsiderepaircafe@gmail.com) Come along (with or without a broken item) and check it out. Grab a cuppa and chat with the friendly volunteers to find out more. (See page 5)



Tell us your program idea!

Do you have a skill or area of knowledge you could share with others in the community? Is there an activity you are interested in that you would like to see happening locally on a regular basis?

It could be a workshop/demo style gathering, a learn-how-together activity, a set time to work on individual projects with others, or something else entirely.

We're keen to explore new ideas that will connect people, build skills or improve wellbeing locally. Please call us on 6244 6346 or drop in to flag your idea!

Centre Timetable

Mon	Tue	Wed	Thu	Fri	Sat
8:30am Yoga	10am Food & Fun	8:30am onward Food Assistance	9:30am Families Tas Sessions:	10:00am Garden Muster at 18 Heemskirk St	2pm Eastside Repair Cafe :
9:45am Yoga	6:10pm-6:30pm Loui's Van	9am Pilates	2/03 Stretch & Sing	10:30am Wellness Workout	Feb 25 & 13 May
11am Digital Literacy		10am More than a Free Lunch program (fortnightly)	16/03 Rhyme & Storytime (at the Garden - 18 Heemskirk St)		
3pm Youth Rec Drop In		11:45am Community Lunch (alternate fortnight)	6/04 Stretch & Sing		

Everyday

NILS appointments | Computer Use | Printing | Photocopying
Book Library | \$2 Coffee | Community Garden (18 Heemskirk St)

Meet our Volunteers – Anna



How long have you volunteered in the garden and how did you get involved?

I had just retired in 2019 and my niece told me about the garden and I went to the Neighbourhood House to see how I could get involved.

What kinds of things do you do when you are volunteering at the garden?

I like to have a go at most things but my focus has become the Native Garden - I used it for a garden design assignment as part of a University online short course called "Science of Gardening" that I did during COVID. Now I'm hooked and really love seeing the garden develop and the plants grow and bloom. We now have 54 species planted - all endemic to the local area.

What do you enjoy about volunteering?

I enjoy feeling I'm doing something useful with my time without being too tied down. I love making new friends and working with them and getting to know them over time.

What has been a highlight or favourite ?

So many! But I think the day last April when a large group of volunteers came to help plant out the native garden and I saw my plan coming to life was the most exciting and fulfilling experience so far. But the fun continues - last month the frog bog was installed and there will be many more elements of the plan coming to life in the months and years ahead.

COFFEE & TOASTIE HANG OUT HOUR

Join us for brekky!

Wednesday 15 February

Wednesday 15 March

Wednesday 12 April

8:30-9:30am

150A BLIGH STREET, WARRANE

Warrane Mornington Neighbourhood Centre is trialing a community breakfast drop in with three sessions in Term 1.

Order a free toastie and coffee to enjoy in our undercover outdoor space and hang out with us, however you would like:

- A free brekky option for those in our community needing more support.

&/or

- A time to meet staff/volunteers, learn more about your Neighbourhood House, and share thoughts on program and service offerings.

&/or

- An opportunity to meet up with others for a social start to the day.

- All of the above
Everyone is Welcome!



REPAIR CAFE Eastside in 2023:

25 Feb

25 March (Big Weekend of Sustainable Ideas, Brighton Civic Centre)

13 May

1 July

12 Aug

23 Sept

4 Nov

Warrane Mornington Neighbourhood Centre
150A Bligh St, Warrane

2 - 4pm

0499 078 490

  www.repaircafe.org

eastsiderepaircafe@gmail.com



Eastside Repair Café is proudly supported by
Clarence City Council's Community Grants Program
& Clarence Climate Action



CONNECT WITH US ONLINE

Keep up to date with news and activities



www.wmnc.org.au



www.facebook.com/warranemornington



[instagram.com/warranemornington_nc](https://www.instagram.com/warranemornington_nc)



Important Dates

- 13 Mar – Public Holiday – CLOSED
- 19 Mar – Garden Working Bee
- 1 Apr – Harvest Festival
- 7 Apr – Good Friday – CLOSED
- 10 Apr – Public Holiday – CLOSED
- 11 Apr – Centre CLOSED
- 16 Apr – Garden Working Bee
- 25 Apr – Public Holiday – CLOSED



Warrane Community Garden



Photo credit with thanks: Mel Thurling

18 Heemskirk Street, Warrane Ph: 6244 6346 Email: katie@wmnc.org.au wmnc.org.au/community-garden

Garden News

Hello again from the Garden!

Term 1 2023 has us all looking forward to another busy season in the garden.

Along with our regular Friday morning musters and monthly working bees, you can also join in with these opportunities:



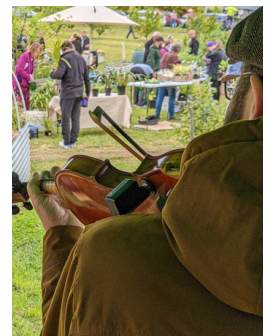
- **Families Tas** will be holding their **Rhyme & Storytime** in the garden (16/03)
- **Harvest Festival** for 2023 will be on **Saturday 1 April**, save the date for this fun family friendly morning!
- **Harvest Heads**; a competition we'll be running as part of Harvest Festival. Create a fabulous, fun and/or functional headpiece to wear at the festival, from upcycled, recycled and/or compostable items. Keep an eye out for more details to come.

We hope to see you in the garden soon. Happy Growing!



Katie K

Springfest



Above: Springfest 2022 was a fun filled family morning, with stalls, live music, boot scooting (a popular first), free children's activities & more.
Left: The Scarecrow Exhibition was a hit with attendees. Big thanks to participating local primary schools & childcare centres.
We plan to run this exhibition again in 2023.

Acknowledgment of Country

Warrane Community Garden acknowledges the Traditional Owners of this unceded land, the Mumirimina people of the Oyster Bay Nation. We recognise their continuing connection to the Country on which we now gather, garden and grow together. We pay respect to the Tasmanian Aboriginal community that continue to care for Country, to Elders past and present and to the many Aboriginal people that did not make elder status.



The Warrane Community Garden is an initiative of the Warrane Mornington Neighbourhood Centre.

Around the Garden



Above: Picnic & Play was a fun event to host in collaboration with Families Tasmania for young ones and their parents.



Above : Final touches on the frog bog completed at a December working bee.

Below: The great broad bean plant chop down of 2022.



Above: Our monthly 3rd Sunday working bee morning teas are always great for a cuppa, snacks and a yarn.

Below: A creative art activity run as part of the Dignity Gardening session at the recent Get in the Garden chat session about horticultural therapy. We were thrilled to host Dignity Gardening in Warrane in collaboration with Clarence City Council.



Things to do at Warrane Community Garden

- Bring a picnic to enjoy
- Draw the flowers and plants
- Join our Summer watering roster
- Adopt a tree to take care of
- Pick some herbs for dinner
- Become a weed warrior
- Ask about using the BBQ
- Join in our weekly Friday muster
- Attend our monthly working bee
- Dance, sing, explore... & more

Garden Share Stand

The garden stand has been installed to share free produce, plants, and seedlings with the community. If you have an excess of garden produce, please feel free to add them to the stall.



Group Visits

If you would like to organise an activity with your group in the garden, please get in touch about access to facilities.

BBQ Use

If you would like to use the BBQ for a family gathering please get in touch about access to facilities.

Keeping In Touch

If you would like to get involved at the garden or learn more please visit:

<https://wmnc.org.au/community-garden>

Alternatively, contact Katie - Garden Coordinator
6244 6346 katie@wmnc.org.au

Garden Guidelines

To help everyone feel safe and welcome at the garden these guidelines have been developed in consultation with the community.

Pets in the garden

Please ensure pets are on lead when walking through the garden and keep them off garden beds and the growing mounds (which also have food plants).

Children in the garden

The garden is a working food garden. To keep them safe, children should be supervised by an adult when visiting.

Care for all visitors

The garden is an alcohol, drug, & smoke free zone.

You can read more about the guidelines process on our website.

Term 1 Monthly Working Bees

9am - 12 noon

Sunday 19 February

Sunday 19 March

Sunday 16 April



Working Bees

The garden's regular working bee is the third Sunday of each month 9am-12pm, until the end of 2022.

We also meet weekly on Friday mornings between 10 -12 for a more casual morning muster.

All hands are welcome no matter what your level of gardening experience. Come along and meet other volunteers contributing to the wellbeing of the garden and its visitors.

A few of things that we ask you to bring are:

Your own reusable cup (tea/coffee/water are provided), your garden gloves & favourite weeding tool - if you have one.

If you would like to get involved at other times or just on individual projects – like the orchard, the espalier trees, the grapevines, the native garden etc... please get in touch to find out more!



HARVEST FESTIVAL

SATURDAY 1 APRIL
9:30 - 11:30 AM



WARRANE COMMUNITY GARDEN
18 HEEMSKIRK ST

PLANT & PRODUCE STALLS | PRESERVES | FRESH FLOWERS

WORKSHOPS | CHILDREN'S ACTIVITIES

HARVEST HEADWEAR COMPETITION

COFFEE VAN | LINE DANCING | BBQ & MORE

FREE ENTRY

Festival contact : katie@wmnc.org.au
or 0499 078 490



Above: New temporary signage flagging when our next group working gatherings are happening. All welcome to join us!

Below: Anna proudly introducing the recently completed frog bog to One Community Landcare Group & comparing notes about native plants gardens at their end of year garden visit.

