



150a Bligh Street, Warrane

Ph: 6244 6346

Email: info@wmnc.org.au

Web: www.wmnc.org.au

Manager's Note:

Hello and welcome to our second newsletter for 2023.

Seeing community come together in growing numbers through first term has been a pleasure for us all.

We have an inclusive culture across both the House & garden and enjoy welcoming new and current community folks to share food, gardening, other activities or to just meet and have a yarn.

Thank you to all our participants for the energy and connection you bring to our house and garden. We encourage more people to come along and get involved.

Our recent **Harvest Festival** was a huge success and gets bigger every year. Our Community Garden is evolving into a special community place.

This term we are kicking off an **Introduction to Computing** course in partnership with TAFE Tasmania and Tas networks and look forward to welcoming the cohort joining us for this.

More Than a Free Lunch is a friendly group gathering around food and conversations and continues to bring energy to the House.

While we are very busy and have a heap of good things happening, we do have opportunities for organisations to make use of our great space here at the Centre and encourage you to contact us if you are looking for a local location for your group or activity.

Special mention to the volunteer team we are so fortunate to have as part of our community. Their enormous contribution is so appreciated by Centre staff and visitors alike. Why not contact us and see what you might be able to get involved with as a participant or even volunteer.

We look forward to seeing you in Term 2!

~ Ben



Acknowledgment of Country

In the spirit of reconciliation, the Warrane Mornington Neighbourhood Centre acknowledges the Traditional Custodians of country throughout Australia and their connections to land, sea and community.

We pay our respect to their Elders past and present and extend that respect to all Aboriginal and Torres Strait Islander peoples today.

OPENING HOURS

Mon 8:30am - 3:30pm, Tues 8:30am - 3:30pm, Wed 8:30am - 3:30pm, Thurs 8:30am - 3:30pm, Fri 9am - 1pm

Around the House



Above: The recent More Than a Free Lunch collaboration with Mission Australia introduced some recipes from the Philippines. Main course of chicken adobo and a coconut & corn pudding for dessert.



Above: Meet some of our friendly Eastside Repair Cafe volunteers from one of our events in Term 1.

Learn some new skills and/or have an item repaired by one of our experienced repairers at our next event on 13 May (see details page 5). Proudly supported by Clarence City Council community grants program.

Below: Have you met our part time House mascot Macy yet? Always ready with a tail wag, Macy is chief visitor greeter on the days she joins us at the Centre. L: Keeping an eye out for new visitors. R: Keeping a hopeful eye on the bags of food donations dropped in to the Centre.



Food Donor Thanks



We greatly appreciated all the individual and group donations received through Term 1, culminating in our Easter Food Drive. Special thanks to Tasmanian Country Women's Association - Lindisfarne plus many wonderful individuals in Term 1.

A heartfelt thank you to all who contributed.



L: Assistant Manager Katie Kristensen and CWA's Margaret Waters with food donations collected by CWA Lindisfarne.

Below: L-R Back: Garden Coordinator Katie Kristensen, WMNC Board President Griffin Blizzard, Centre Manager Ben Cooper, The Hon. Nic Street MP, Greg Brown, Dean Young MP after a recent Community Cuppa event at the Centre.



'MORE THAN A FREE LUNCH'

Learn to cook simple recipes and/or pick up some extra tips and tricks in the kitchen at these regular demonstrations and hands-on skill shares. Each session will finish with a shared meal of your own creations. And take home ingredients packs to recreate your successful meals at home!

10:00 AM Wednesday fortnightly

Be sure to book your spot at least one week prior:

03 6244 6346 info@wmnc.org.au

This program is free of charge thanks to support & funding from:





Food Donations & Reusable Bags

We welcome any in-date pantry items at home that you no longer require. Along with clean reusable bags we often need staple pantry items to keep our Food Assistance pantry topped up.

We seek items such as:

- Flour, Rice, Noodles, Pasta
- Pasta Sauces
- Canned Vegetables, Legumes,
- Soups
- Canned Spaghetti/Baked Beans
- UHT milk, Cereal
- Clean reusable bags



All donations are greatly appreciated and can be dropped at the Centre during opening hours.

NEW Intro to Computing



If you are new to computing this TAFE accredited course, taught here at the Centre is for you. Learn how to create and use email accounts, use Google apps, protect yourself online, create save and print documents & more.

This FREE course starts April 24, enrolments still available! Please call 6244 6346 or info@wmnc.org.au

NEW Frozen Meals

This term we will be trialing an affordable frozen meals program. A changing menu of frozen meals will be available for those needing extra support, to purchase at low cost.



Frozen meals including a vegetarian option will be available for \$6 a container. Ask our staff or Food Assistance volunteers for more information next time you collect your assistance pack

Centre Facilities

Do you need to access a computer? Need to print or scan something? We can help! We have computers, a printer, scanner and laminators (A4 & A3) available for use.

Printing pricing: 10c per A4 page in B&W
50c per A4 page for Colour
Laminating costs: 50c per A4 sheet / \$1 per A3 sheet
Bookings are preferred - call on 6244 6346



No Interest Loan Scheme

The No Interest Loans Scheme (NILS) is a service that supports people on low incomes to purchase essential household items and services. We can support you to make your loan application here at the Centre. Please call NILS directly on 1300 301 650 to begin your loan application prior to calling us to book in your appointment.

'Seriously Good' Coffee!

Are you a coffee lover? Ben, our Manager, has declared our coffee to be 'seriously good' and would like to invite you to come join us at the Centre and indulge in a coffee for only \$2. Not only will you get to meet us and learn about who we are and what we do, you will also be supporting the centre. Everybody welcome!



Community Lunch

Come join us for lunch! Every 2nd Wednesday a two course meal is offered at the Centre and all community members are welcome and encouraged to join us for a social lunch! Bookings are required, so please call us on 6244 6346 to book in. We look forward to having you join us.

A donation of \$5 is requested to help cover the rising cost of ingredients and support the continuation of our great lunches for you and community members in need.



Food & Fun

Held every Tuesday, come along and enjoy the friendly atmosphere. There's morning tea among friends and you can participate in a fun game to win grocery prizes. It doesn't matter if you've never played before, there will be people around who will help you out on the day. All very welcome to come along and join the fun!
Cost \$20

Wellness Workout

Looking for an exercise class that focuses on strength, flexibility, and balance in a fun and relaxed environment? Then this class is for you!



Wellness Workout runs every Friday at 10:30am and costs \$5 per class.

Please bring a water bottle and hand towel. If you are thinking of joining the class, please give us a call on 6244 6346.

Yoga & Pilates

Join Rhiannon and a community of like-minded yoga students on Mondays & Wednesdays for:

Mondays: 8:30am Gentle Flow Yoga & 9:45am Vinyasa Flow on Mondays (except the last Monday of the month). On the last Monday of each month Rhiannon runs a 90 minute Yin Yoga session from 9am.

Wednesdays: Floor Pilates from 9am

To book into a class, follow the below link:
<https://sunflower-yoga-and-pilates.au3.cliniko.com/bookings>

Beginners Welcome!



Rhiannon



Drop In Rec Program



Do you have a young person looking for something to do on a Monday afternoon? Well this program might be just what you are looking for! Run on Mondays during school terms, aimed at young people in grades 5 to 8 – a drop in space for young people to enjoy food, games, music and craft activities.

For more information call 6244 6346

Room Hire

If you are seeking a room to meet a client, host a meeting/forum or a gathering, we may be able to assist you (restrictions do apply).

The Centre has a large indoor space, an outdoor space (including an undercover deck) and kitchen facilities. If you are looking for somewhere and think our centre might meet your needs, please give us a call on 6244 6346 to make further enquiries.

Shower & Washing Facilities

WMNC has a shower and clothes washing facilities available for those who need support with these services. Please call us for further details.

Loui's Van

Loui's Van is at the Centre every Tuesday evening from 6:10 – 6:30pm. All are welcome!

The Loui's Van volunteers provide food (including soup and sandwiches), hot and cold drinks, information about services, support and companionship.



Food Assistance

Each week we receive a limited amount of food from providers which include items such as bread, milk, fruit and vegetables to distribute to those who need some assistance. These items are available for pickup from 8:30am each Wednesday and are offered on a first come first serve basis (no holds available). Please follow the signage for direction on where to collect at the Centre.

The Centre also greatly appreciates food donations from the community to help support this program.

Tell us your program idea!

Do you have a skill or area of knowledge you could share with others in the community? Is there an activity you are interested in that you would like to see happening locally on a regular basis? It could be a workshop/demo style gathering, a learn-how-together activity, a set time to work on individual projects with others, or something else entirely.

We're keen to explore new ideas that will connect people, build skills or improve wellbeing locally. Please call us on 6244 6346 or drop in to flag your idea!

Centre Timetable

Mon	Tue	Wed	Thu	Fri	Sat
8:30am Yoga	10am Food & Fun	8:30am Food Assistance	9:30am Families Tas Sessions:	10:00am Garden Muster at 18 Heemskirk St	2pm Eastside Repair Cafe :
9:45am Yoga	6:10pm-6:30pm Loui's Van	9am Pilates	4/05 Stretch & Sing	10:30am Wellness Workout	13 May
11:30 Intro to Computing		10am More than a Free Lunch program (fortnightly)	18/05 Snack & Sing (in the Garden @18 Heemskirk St)		1 July
3pm Youth Rec Drop In		11:45am Community Lunch (alternate fortnight)	1/06 Stetch & Sing		
			15/06 Rhyme & Storytime		

Everyday

NILS appointments | Computer Use | Printing | Photocopying
Book Library | \$2 Coffee | Community Garden (18 Heemskirk St)

Biggest Morning Tea



This year we're hosting a Biggest Morning Tea to help Cancer Council raise vital funds for people impacted by cancer and we would love for you to join us for this great cause!

The \$5 entry fee includes morning tea of savoury and sweet items, tea, coffee & juice.

Raffle tickets will be available for \$2 each or 3 for \$5. Win 1 of 3 prizes.

RSVP ESSENTIAL by 17th May.

Please call us on 62446346 or email info@wmnc.org.au.

We can't wait to get together and share some tasty treats, all while helping create a cancer free future.

If you can't make it, you can still help us make a difference by donating to <https://www.biggestmorningtea.com.au/s/58187/80784>.



Wednesday 24 May

11:30am - 1 pm

Entry: \$5

Fundraising raffle tickets available now
\$2 each or 3 for \$5

RSVPs ESSENTIAL : **By 17 May**
6244 6346 or info@wmnc.org.au



150A Bligh st, Warrane

Warrane Mornington
Neighbourhood Centre Inc

REPAIR CAFE

Eastside in 2023:

25 Feb

25 March (Big Weekend of Sustainable Ideas, Brighton Civic Centre)

13 May

1 July

12 Aug

23 Sept

4 Nov



Warrane Mornington Neighbourhood Centre
150A Bligh St, Warrane

2 - 4pm



www.repaircafe.org

0499 078 490

eastsiderepaircafe@gmail.com



Eastside Repair Café is proudly supported by
Clarence City Council's Community Grants Program
& Clarence Climate Action



Eastside Repair Cafe



Toss it away? No way!

If you have a broken item in need of repair, a repairer with the skills and tools can advise on fixability and show you how to repair it at these FREE events.

A confirmation of repair skills available each event is shared through social media and Repair Cafe's emailing list in the week prior to events.

Email: eastsiderepaircafe@gmail.com

Come along (with or without a broken item) and check it out.

Grab a cuppa and chat with the friendly volunteers to find out more.

CONNECT WITH US ONLINE

Keep up to date with news and activities



www.wmnc.org.au



www.facebook.com/warranemornington



[instagram.com/warranemornington_nc](https://www.instagram.com/warranemornington_nc)



Important Dates

- 26 Apr - Term 2 Begins
- 18 May - Snack & Sing at Garden
- 21 May - Garden Working Bee
- 24 May - Biggest Morning Tea
- 12 Jun - Public Holiday - CLOSED
- 18 Jun - Garden Working Bee
- 7 Jul - Term 2 Ends



Warrane Community Garden



18 Heemskirk Street, Warrane Ph: 6244 6346 Email: katie@wmnc.org.au wmnc.org.au/community-garden

Photo credit: Mel Thurling

Garden News

Hello again from the Garden!

We hope you were able to visit with us for Harvest Festival earlier this month. Clarence City Council Services joined us, contributing to the fun and informative activities and stalls.

Our inaugural Harvest Heads competition also turned heads and the creative efforts of our winners are pictured below.

We are thrilled to be one of the recipients of the Government's recently announced community garden funding with our grant going towards additions to the existing irrigation system, the purchase and installation of a hothouse, the creation of some IBC wicking beds to increase our raised beds numbers... and some lovely lovely compost! Along with our regular Friday morning musters and monthly working bees, join us for some all ages fun during Childrens Week at the Families Tas, **Snack & Sing** event in the garden (see their webpage to reserve your free spots!).

We hope to see you in the garden soon.
Happy Growing!



Katie K



Above: Harvest Heads 2023 winners. From L-R: First place, equal second places, & winner of our children's category.

Harvest Festival



Harvest Festival 2023 was a fun filled morning with live music, line dancing, food, workshops, stalls, activities for all ages and much more.

Above R: Families Tas Well Fed Truck dished up garden delights. (credit: Anna Kingston)
Above L: Festival attendees visiting CCC's Access & Inclusion activity stall. (credit: Clarence City Council)
R: Line dancing at Harvest Festival (credit Jared Mendham)



Acknowledgment of Country

Warrane Community Garden acknowledges the Traditional Owners of this unceded land, the Mumirimina people of the Oyster Bay Nation. We recognise their continuing connection to the Country on which we now gather, garden and grow together. We pay respect to the Tasmanian Aboriginal community that continue to care for Country, to Elders past and present and to the many Aboriginal people that did not make elder status.



The Warrane Community Garden is an initiative of the Warrane Mornington Neighbourhood Centre.

Around the Garden



Above: A working bee morning tea in the shade!

Below L : Dean Young MP called in to congratulate us on being a recipient of the Government's community garden support funding. R: Volunteers at work.



Below: Volunteers completing a lattice installation on the bathroom block.



Below: Our monthly 3rd Sunday working bee morning teas are always great for a cuppa, snacks and a yarn.



Below L: Having fun planting out in the garden during the Home Harvest 2023 open day.

Below R: The results of a harvest at one of our working bees in Term 1.



Things to do at Warrane Community Garden

- Bring a picnic to enjoy
- Draw the flowers and plants
- Join our Summer watering roster
- Adopt a tree to take care of
- Pick some herbs for dinner
- Become a weed warrior
- Ask about using the BBQ
- Join in our weekly Friday muster
- Attend our monthly working bee
- Dance, sing, explore... & more

Garden Share Stand

The garden stand has been installed to share free produce, plants, and seedlings with the community. If you have an excess of garden produce, please feel free to add them to the stall.



Group Visits

If you would like to organise an activity with your group in the garden, please get in touch about access to facilities.

BBQ Use

If you would like to use the BBQ for a family gathering please get in touch about access to facilities.

Keeping In Touch

If you would like to get involved at the garden or learn more please visit:

<https://wmnc.org.au/community-garden>

Alternatively, contact Katie - Garden Coordinator
6244 6346 katie@wmnc.org.au

Garden Guidelines

To help everyone feel safe and welcome at the garden these guidelines have been developed in consultation with the community.

Pets in the garden

Please ensure pets are on lead when walking through the garden and keep them off garden beds and the growing mounds (which also have food plants).

Children in the garden

The garden is a working food garden. To keep them safe, children should be supervised by an adult when visiting.

Care for all visitors

The garden is an alcohol, drug, & smoke free zone.

You can read more about the guidelines process on our website.

Term 2 Monthly Working Bees

9am - 12 noon

Sunday 21 May

Sunday 18 June

Sunday 16 July



Working Bees

The garden's regular monthly working bee is the third Sunday of each month 9am-12pm.

We also meet weekly on Friday mornings between 10 -12 for a more casual morning muster.

All hands are welcome no matter what your level of gardening experience. Come along and meet other volunteers contributing to the wellbeing of the garden and its visitors.

A few of things that we ask you to bring are:

Your own reusable cup (tea/coffee/water are provided), your garden gloves & favourite weeding tool - if you have one.

If you would like to get involved at other times or just on individual projects – like the orchard, the espalier trees, the grapevines, the native garden etc... please get in touch to find out more!



SNACK & SING IN THE GARDEN

A morning of fun for all ages at the Warrane Community Garden! Crafts and songs inspired by nature, treasure hunt and more! Morning tea provided.

Thursday 18th May, 10:00-11:30am
Warrane Community Garden
18 Heemskirk Place, Warrane

Book via eventbrite or phone 6217 9500.

Below L: The Harvest totem at the end of the Festival (photo credit Beth Warren)

Below R: Garden weaving activity for children (photo credit Families Tasmania)



Above: The children's activities at Harvest Festival were very popular with games that appealed to all ages.

Below: Pleased as punch with the pumpkins that made it through to ripeness this season and were then shared amongst volunteers and our community!

