



150a Bligh Street, Warrane

Ph: 6244 6346

Email: info@wmnc.org.au

Web: www.wmnc.org.au

Manager's Note:

Welcome to our latest newsletter! Please read on and let us know what you think! Any suggestions or ideas are welcome! As the year rolls on, our Centre and garden are running a lot of great activity, and we want more of YOU to come and join us. Please take this as an extended invitation and welcome to visit our Centre and garden and connect with us and our community. We would love you to visit, join one of our groups and activities or even use our spaces for your own activity. Check out our timetable and come and chat with us. As we head into winter, it is so important to remain connected with one another through these 'hibernation' months when we all have a habit of staying in staying safe from the cold. If you notice someone in your community might benefit from connecting with people, why not invite them down to the centre for a coffee catch up, a hearty lunch or some exercise if that's your thing. All these things can brighten your day and bring joy and energy to us here at the Centre and garden.



I can confirm that the Centre has warm heaters, great hot drinks (barista coffee) and a toasty-warm café area when you can meet friends or just chill out with a delicious beverage.

I also have it on good authority that nobody stays cold

for long at a garden working bee, and that the camaraderie and chat is first rate. Besides, we want you lot to come and lend a hand to help keep us growing! See you soon.

~ Ben

Board Member Recruitment

Warrane Mornington Neighbourhood Centre are currently seeking to recruit two Board members and a President for the Board of Governance. If you consider yourself to have strong social conscience, community representation and/or valuable skills to support effective governance of the organisation we encourage you to apply.

Please scan QR codes below for further information.



QR Code
Board Member Information



QR Code
President Information

Acknowledgment of Country

Warrane Mornington Neighbourhood Centre acknowledges the traditional and original owners of the land on which we work and meet, the Mumirimina, and all palawa peoples of lutruwita/Tasmania. We pay our respects to Elders past and present, and thank them for their custodianship of this unceded land.

OPENING HOURS

Monday 8:30am-3:30pm Tuesday 8:30am-3:30pm Wednesday 8:30am-3:30pm

Thursday 8:30am-3:30pm Friday 9:00am-3:00pm

Supported by the Crown through the Department of Premier and Cabinet



NEIGHBOURHOOD
BBQ

CELEBRATING NEIGHBOURHOOD HOUSE WEEK 2024 -
'STRONGER TOGETHER'

Friday 17th May
4pm to 6pm
150a Bligh Street, Warrane

Join us for a family friendly community BBQ, face painting, bubbles, garden games and more!

Please let us know you're coming by 13 May - 6244 6346



Warrane Mornington
Neighbourhood Centre Inc

Food Donations

A very big thank you to the Clarence Pensioners Association and CWA Lindisfarne for your ongoing support with food donations. We are incredibly grateful for your support and contributions.

Pictured below: Clarence Pensioners Association President, Shirley with WMNC's Assistant Manager, Kerryn receiving donations



International Women's Day

On Friday 8th March we celebrated International Women's Day with an incredible group of women in a Kokodama workshop, thanks to Bunnings Warehouse Mornington and Clarence City Council. What a beautiful afternoon we got to spend together being creative.



Basket Making Workshop #2

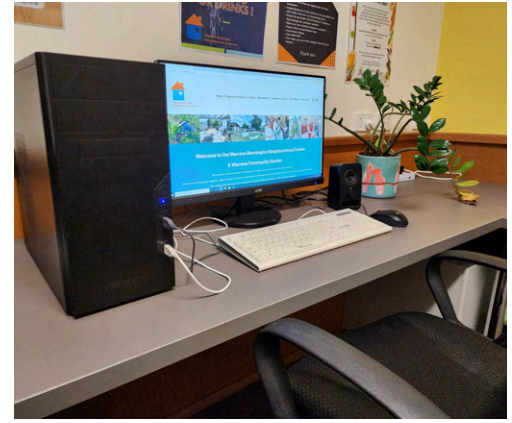
This workshop, delivered by the Resource Work Co-op, taught participants the basics of processing non-native plants into usable fibres, and how to use natural and reclaimed fibres in coiled basket making.

Although we had planned to run this one at the garden, for a second time due to weather, we instead used the Centre – this time in the newly named Sunroom.

Thanks to Clarence City Council & Australia Post for their community grants program funding that allowed us to deliver the Resourceful Workshops series for free or at heavily subsidised costs for participants.



CENTRE RESOURCES



The Sunroom

Come join us at the Centre in our new outdoor area 'The Sunroom'. Whether you're looking for a meeting space, somewhere to chat with a friend or just some quiet 'me time', come indulge in a variety of beverage options in a relaxing atmosphere.

Coffee varieties/Hot Chocolate \$3, Tea varieties \$1.



Room Hire

If you are seeking a room to meet a client, host a meeting/forum or a gathering, we may be able to assist you.

The Centre has a large indoor space, an undercover weatherproof outdoor space (with heater available), private counselling room and kitchen facilities available. If you think our centre might meet your needs, please give us a call on 6244 6346 or email info@wmnc.org.au to make further enquiries.

Shower & Washing Facilities

The Centre has a shower, washing machine and drying facilities available for those who need support.

Please call 6244 6346 for more information.



Computer | Scanner | Printing

Do you need to access a computer? Need to print or scan something? We can help!

We have computers, a printer, scanner and laminators (A4 & A3) available for use.

Printing prices: 10c per A4 page in B&W

50c per A4 page in Colour

Term 2: Program Timetable

MON

8:30AM
Gentle Flow
Yoga

9:45AM
Flow Yoga

LAST MONDAY
OF MONTH
9AM - 10:30AM
Yin Yoga

11AM
Chair Yoga

3PM - 4:30PM
Youth
Drop In

TUES

MORNINGS
NILS
Appointments

10AM - 12 NOON
Food and Fun

5PM
Pilates
Mat

WED

8:30AM - 9:30AM
Community
Breakfast

9AM ONWARDS
Food assistance
available

11:45AM
Community Lunch
(Fortnightly)

10AM
Gather Cook Grow
(Fortnightly)

THURS

10AM
Pilates
Mat

AFTERNOONS
NILS
Appointments

FRI

10AM - 12 NOON
Garden Muster
@ Community Garden

10:30AM
Wellness Workout

SAT

2PM
Eastside Repair Cafe
Dates: 25 May & 29 June

SUN

8:35AM
Pilates
Barre/Fitness

9AM - 12 NOON
3RD SUNDAY OF MONTH
Monthly Working Bee
@ Community Garden

EVERYDAY

Drop in & Chat
\$3 Coffee
Computer Use
Emergency Food Relief - By Appointment Only

Printing / Photocopying
Community Garden
Book Library



scan for more details



Warrane Mornington Neighbourhood Centre
150a Blich Street, Warrane
6244 6346 | info@wmnc.org.au | www.wmnc.org.au

Food Assistance

Each week we receive a limited amount of food from Food Bank to distribute to those who need some assistance. These items are available for pickup from **9am each Wednesday** and are offered on a first come first serve basis (no holds available).

If you are in need of further Emergency Food Relief, please call the Centre on 6244 6346 to arrange an appointment.

We also greatly appreciate food donations from the community to help support this program.



MAKE AN APPOINTMENT
6244 6346



EMERGENCY *Food Relief*

Do you need some Emergency Food Relief?

1. Call us on **6244 6346** or drop in to make an appointment
2. Attend the appointment to see how we might be able to assist*
3. Collect emergency food relief designed to best support you

*any information shared will be kept confidential

Some fresh produce will also be available at the Centre on Wednesdays from 9am (byo bag).

Warrane Mornington Neighbourhood Centre
150a Bligh Street, Warrane

WWW.WMNC.ORG.AU



Warrane Mornington Neighbourhood Centre Inc

Food Donations & Reusable Bags

We welcome any in-date pantry items that you no longer require. Along with clean reusable bags, we often need staple pantry items to keep our Food Assistance pantry topped up.

We seek items such as:

- Flour, Rice, Noodles, Pasta
- Pasta Sauces
- Canned Vegetables, Legumes,
- Soups
- Canned Spaghetti/Baked Beans
- UHT milk
- Cereal
- Clean reusable bags

All donations are greatly appreciated and can be dropped at the Centre during opening hours.



Community Lunch

Come and join us for a
2 course meal

Every 2nd Wednesday
11:45am

2 COURSES - \$5 DONATION



BOOK YOUR SEAT!
6244 6346



Warrane Mornington Neighbourhood Centre Inc



COMMUNITY BREAKFAST

Join us for a **FREE** breakfast
every Wednesday
between 8.30am – 9.30am

Toasties, cereal, hot drinks and juice available



Warrane Mornington
Neighbourhood Centre
150a Bligh Street, Warrane.



MARVELLOUS MEALS

\$5 EACH OR 3 FOR \$12

Warrane Mornington Neighbourhood Centre have a variety of nutritious meals readily available.

Options change regularly, call us or drop in to see what's on offer!

Cash and Card Accepted



Loui's Van

Loui's Van is at the Centre every Tuesday evening from 6:10-6:30pm. All are welcome!

The Loui's Van volunteers provide food (including soup and sandwiches), hot and cold drinks, information about services, support and companionship.



Wellness Workout

Looking for an exercise class that focuses on strength, flexibility and balance in a fun and relaxed environment? Then this class is for you!

Wellness Workout runs every Friday at 10:30am and costs \$5 per class. Please bring a water bottle and hand towel.

If you are thinking of joining the class, please give us a call on 6244 6346.



Food & Fun

Held every Tuesday 10am-12noon, come along and enjoy the friendly atmosphere. There's morning tea among friends and you can participate in a fun game to win grocery prizes. It doesn't matter if you've never played before, there will be people around who will help you out on the day. All very welcome to come along and join the fun!

Cost \$25





Chair Yoga

With Jeanette

WHEN:
11am Monday

COST: \$5
Bookings Essential
Limited Spaces Available

150a Bligh Street, Warrane

Contact Us: 03 6244 6346






No Interest Loan Scheme (NILS)

The No Interest Loans Scheme (NILS) is a service that supports people on low incomes to purchase essential household items and services. We can support you to make your loan application here at the Centre. Please call NILS directly on 1300 301 650 to begin your loan application prior to calling us to book in your appointment.

Eastside Repair Cafe

Toss it away? No way!

If you have a broken item in need of repair, a repairer with the skills and tools can advise on fixability and show you how to repair it at these FREE events.



A confirmation of repair skills available each event is shared through social media and Repair Cafe's emailing list in the week prior to events.

Email: eastsiderepaircafe@gmail.com

Come along (with or without a broken item) and check it out. Grab a cuppa and chat with the friendly volunteers to find out more.

REPAIR CAFE



Feb 24

April 6

May 25

June 29

Aug 10

Sept 14

Nov 2

Eastside in 2024

Warrane Mornington
Neighbourhood Centre
150A Bligh St, Warrane

2 - 4pm

Bring a broken item along and learn how to repair it, for free!

repaircafe.org 0499 078 490 eastsiderepaircafe@gmail.com

Eastside Repair Café is proudly supported by Clarence City Council's Community Grants Program



Yoga – Finding Joy Yoga

Contact Tina for more information:

Ph: 0417 106 620 Email: tischramm@gmail.com



Warrane Mornington Neighbourhood Centre

MONDAY YOGA

8.30am - 9.30 Gentle Flow &
9.45am - 10.45 Flow

Last Monday of the month

Yin/Restorative & Yoga Nidra
9am - 10.30

Small class sizes, friendly, welcoming & community orientated. Beginners welcome

Pilates – with Alison



Scan QR Code for more information



Mat Pilates and Group Fitness Classes

Warrane Mornington Neighbourhood Centre

Professional classes in a relaxed and friendly community atmosphere.

For info contact
steptotherighttas@gmail.com

Connect With Us Online

Keep up to date with news and activities



www.wmnc.org.au



www.facebook.com/warranemornington



[instagram.com/warranemornington_nc](https://www.instagram.com/warranemornington_nc)

Clarence City Council and
Warrane Mornington Neighbourhood Centre

DROP IN REC PROGRAM

Drop In for games, food & music
MONDAYS 3:00-4:30PM
**WARRANE MORNINGTON
NEIGHBOURHOOD CENTER**
*Activities aimed at students from grade 5 to 8
Run during school terms ☎03 62 446 346

Clarence... a brighter place
Warrane Mornington Neighbourhood Centre Inc

We want your ideas!

Do you have a skill or area of knowledge you could share with others in the community? Is there an activity you are interested in that you would like to see happening locally on a regular basis? It could be a workshop/demo style gathering, a learn-how-together activity, a set time to work on individual projects with others, or something else entirely.



We're keen to explore new ideas that will connect people, build skills or improve wellbeing locally. Please call us on 6244 6346 email info@wmnc.org.au or drop in to flag your idea!



Important Dates

- 9 May – Bunnings Mornington Mother's Day Event
- 17 May – Neighbourhood House Week BBQ
- 14 May – National Families Week @ Garden

- 19 May – Garden Working Bee
- 25 May – Repair Cafe
- 10 June – PUBLIC HOLIDAY
- 12 June – Wear It Purple Community Lunch

- 16 June – Garden Working Bee
- 29 June – Repair Cafe
- 21 July – Garden Working Bee



Warrane Community Garden



18 Heemskirk Street, Warrane Ph: 6244 6346 Email: garden@wmnc.org.au wmnc.org.au/community-garden

Garden News

As autumn hues begin to paint our landscapes, we harvest the last of our summer crops, and prepare the soil for late plantings and the winter rest. As we look ahead, we continue to see the garden's future—a sustainable space where community thrives.



Our irrigation upgrades, funded by the Government's community garden grant from last year, began along with the installation of a wicking bed prototype which will both diversify our watering methods and prevent the runner grass from regular invasion. Our growing spaces & volunteers will be much happier come next summer as a result.

In this garden update edition check out pics from Harvest Festival; a great family morning with lots of fun activities & learning opportunities for all ages, workshops delivered, new visitors to the garden, and the successful introduction of the choko to our growing space.

We invite you to join us in Term 2 : Along with our regular Friday morning musters and monthly working bees, there's also an opportunity to join us at a National Families Week intergenerational garden event on May 14. With fun for younger and older community members alike we hope to see you in the garden soon.

Happy Growing! ~ *Katie K*

Photo credit: Mel Thurling

National Families Week

Tuesday 14 May (11am-12:30pm)

Warrane Community Garden will be hosting a National Families Week event in collaboration with Clarence City Council, Playgroups Tasmania, Rosny Library and Tasmanian Multiple Birth Association and the Story Project. Join us to enjoy storytelling, nature based activities and lots of playgroup fun and opportunity to explore the garden.



National Award for Warrane Community Garden

Warrane Community Garden (WCG) was recently recognized as a Community Gardens Australia Community Garden of the Year - 2023 Permaculture Champion.

Last Term over zoom, we were chuffed to have our win announced by Gardening Australia's wonderful Costa himself!

What we loved about receiving this award is that it recognises WCG's commitment to the ethics and framework of permaculture. People Care, Earth Care and Fair Share ethics are at the heart of all our team's decisions at the garden.



Acknowledgment of Country

Warrane Community Garden acknowledges the Traditional Owners of this unceded land, the Mumirimina people of the Oyster Bay Nation. We recognise their continuing connection to the Country on which we now gather, garden and grow together. We pay respect to the Tasmanian Aboriginal community that continue to care for Country, to Elders past and present and to the many Aboriginal people that did not make elder status.



Harvest Festival 2024

A clear day, many helping hands and lots of smiling faces made Harvest Festival 2024 our best yet. Thank you to everyone who contributed to and attended!

Special mentions to:

Clarence Climate Action · Clarendon Vale Primary School's 24 Carrots Kitchen Garden · Charlie McCarthy · Island Seeds · Tess Knight · Boots and All Line Dancing Crew · Rotary Club of Bellerive · Clarence Arts & Events · Clarence City Council Service staff and YNAG · Corpus Christie Catholic School · Warrane Primary School · Bunnings Mornington · Cugini Restaurant · Milkwood · Understory Network

Warrane Community Garden's Harvest Festival 2024 was supported by the Tasmanian Government in partnership with Relationships Australia Tasmania, through the Healthy Tasmania Fund for Neighbour Day.



Prize Winners!

Harvest Festival - Major Raffle Prize Winners

- 1st – Orange A39
- 2nd – Green V75
- 3rd- Green V66

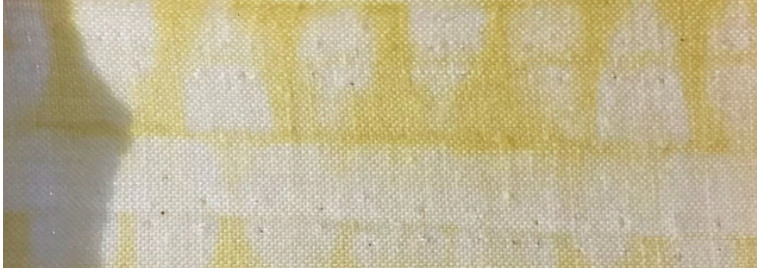


Harvest Heads – Our Young Headwear Winners



Fabric Dyeing Workshop #2

This was the second workshop delivered by Coralee from Inspired by Nature as part of our Resourceful Workshops series. Big thanks to Clarence City Council & Australia Post who have both supported us with funds through their community grants programs to subsidise these opportunities!



Green Leaves Bellerive visit the garden

We have recently welcomed the little people of Green Leaves Bellerive to the garden to explore, learn and grow!



Working Bees

The garden's regular monthly working bee is the third Sunday of each month 9am-12pm.

We also meet weekly on Friday mornings between 10 -12 for a more casual morning muster.

All hands are welcome no matter what your level of gardening experience. Come along and meet other volunteers contributing to the wellbeing of the garden and its visitors.

A few things that we ask you to bring are:

- your own reusable cup (tea/coffee/water are provided)
- your garden gloves
- favourite weeding tool - if you have one.

If you would like to get involved at other times or just on individual projects – like the orchard, the espalier trees, the grapevines, the native garden etc...please get in touch to find out more!

Term 1 Monthly Working Bees

9am - 12 noon

Sunday 19th May

Sunday 16th June

Sunday 21st July



Garden Guidelines

To help everyone feel safe and welcome at the garden these guidelines have been developed in consultation with the community.

Pets in the garden

Please ensure pets are on lead when walking through the garden and keep them off garden beds and the growing mounds (which also have food plants).

Children in the garden

The garden is a working food garden. To keep them safe, children should be supervised by an adult when visiting.

Care for all visitors

The garden is an alcohol, drug & smoke free zone.

You can read more about the guidelines process on our website.

Chokos

Choko (*Sechium edule*), also known as chayote, belongs to the gourds family and grows on vines.

In Tasmania, it is the spiny choko that suits our climate best. The fruit, stem, seeds and leaves are all edible. The abundant fruit is roughly pear-shaped, with coarse wrinkles, measuring 10 -20 cm in length at harvesting.

The flesh has a mild flavour, and a texture somewhere between potato and cucumber.

High in fiber and vitamin C, it can be boiled, fried and baked.

It can also be eaten raw; added to salads or salsas, often marinated with lemon or lime juice.

Keep an eye out for them on the Share Stand through autumn!



The Garden Hub

Warrane Community Garden is on a mission to provide comfortable shelter for our volunteer and participant activities in all weather. We'd like to hear your thoughts and questions on the plans that are developing. This project will construct an accessible and sustainable multipurpose space for gathering, learning & growing community.

We're calling the project the Hood in the Hub but we still need a good name for the building itself once completed. Let us know your suggestions!

Detailed early sketches of the garden hub can be viewed at the Centre with a 3D model. You can also request a copy be to be sent to you via email.

Things to do at Warrane Community Garden

- Bring a picnic to enjoy
- Draw the flowers and plants
- Join our Summer watering roster
- Adopt a tree to take care of
- Pick some herbs for dinner
- Become a weed warrior
- Ask about using the BBQ
- Join in our weekly Friday muster
- Attend our monthly working bee
- Dance, sing, explore... & more

Garden Share Stand

The garden stand has been installed to share free produce, plants, and seedlings with the community. If you have an excess of garden produce, please feel free to add them to the stall.



Group Visits

If you would like to organise an activity with your group in the garden, please get in touch about access to facilities.

BBQ Use

If you would like to use the BBQ for a family gathering please get in touch about access to facilities.

Keeping In Touch

If you would like to get involved at the garden or learn more please visit:

<https://wmnc.org.au/community-garden>

Alternatively, contact Katie - Garden Coordinator
6244 6346 garden@wmnc.org.au