Warrane Mornington Neighbourhood Centre Inc

NEWSLETTER

Term 2 2022



Manager's Note:

As we head into Autumn, a great season here in Tassie, we are enjoying fantastic connections with our community and extend a warm welcome to come and visit us, grab a coffee, chat and connect with our activities and networks.

We are working on collaborating with Families Tasmania and Clarence City Council, among others to deliver new activities in the coming months, which you will see mentioned in this newsletter. Come along or tell friends and family about the opportunities that might suit them. Warrane Community Garden continues to be a fantastic space and supported so well by our team and volunteers. The recent Harvest Festival was a great success, and we welcome you all to visit, get involved and get to know the space, our team and volunteers.

As everyone is aware there are increasing challenges with cost of living and access to essential supplies for many people. We are seeing a dramatic increase in need, and demand on resources which we work hard to secure and supply. It has been heartening for us to receive wonderful support from several individuals, groups and organisations in supporting our activities with various donations and offers of help. Please contact us if you can assist with even small donations and we will let you know what the items of greatest need are. As usual our Volunteers have been invaluable in supporting our small staff team and we couldn't get close to all we do without them. I would like to publicly thank them for such dedicated support. I would also like to acknowledge our Centre and Garden staff team and our Committee members who dedicate time, energy and care into all that they do. Their efforts are invaluable and allow us to continue our important work.

Lastly, please join us on 11th May at 12pm for our Neighbourhood House Week BBQ in the Community Garden. Contact us with RSVP's on 6244 6346.

Look forward to seeing you soon. Happy Autumn.

~ Ben



Acknowledgment of Country

In the spirit of reconciliation, the Warrane Mornington Neighbourhood Centre acknowledges the Traditional Custodians of country throughout Australia and their connections to land, sea and community. We pay our respect to their Elders past and present and extend that respect to all Aboriginal and Torres Strait Islander peoples today.

OPENING HOURS

Mon 8:30am - 4:00pm, Tues 8:30am - 3:30pm, Wed 8:30am - 3:30pm, Thurs 8:30am - 4:00pm, Fri 9am - 3pm

Supported by the Crown through the Department of Communities Tasmania



In 2021, the Rotary Club of Bellerive donated 4 street libraries to the local community, 2 of which are utilised at Warrane Mornington Neighbourhood Centre with one outside the front door at the Centre and the other at the Community Garden.

We have recently reengaged with local Rotarians who have very generously donated their time to help maintain the libraries at each of the sites, a partnership we look forward to continuing.

We have created an accessible library space here at the Centre where everyone is welcome to browse and borrow books that are available. You are welcome to pull up a chair and enjoy a cuppa and some quiet time while you are here. Likewise, you are welcome to take books home if you prefer.





CWA Lindisfarne

We have had multiple opportunities over the last few months to collaborate with the CWA Lindisfarne branch. In recent weeks members have generously donated pantry items and an abundance of jams and preserves to help top up our Food Assistance program, something we are truly thankful for. We look forward to continue working together to meet the ongoing needs of our community.



Pictured above: Generous food donation from CWA Lindisfarne

Do you have any in-date pantry items at home that you

Food Donations Needed

no longer require? We are in urgent need of staple pantry items to keep our Food Assistance pantry topped up. We are seeing an increase in demand for food assistance and we need your help to support those who need it.

We are seeking items such as:

- Flour
- Rice
- Noodles
- Pasta
- Pasta Sauces
- Canned Vegetables and Legumes
- Soup
- Cereal
- Canned Spaghetti/Baked Beans
- UHT milk

All donations are greatly appreciated and can be dropped at the Centre during opening hours.





Neighbourhood House Week

Building resilience by bringing people together 9-15 May 2022

BBQ Celebration

Wednesday 11th May - 12noon

Warrane Community Garden 18 Heemskirk St, Warrane



RSVP by 1st May 6244 6346 or info@wmnc.org.au Please advise of any dietary requirements when RSVPing

Centre Timetable

	Tue	Wed	Thu	fri
8:30am Yoga 9:45am Yoga 11am Computers for Beginners 3pm Youth REC Drop In	10am Food & Fun 6:10pm-6:30pm Loui's Van	8:30am onwards Food Assistance 9am Yoga 11:45am (fortnightly) Community Lunch	9:30am Pop Up & Play Families Tas May 5, 12, 19, 26	10:00am Wellness Workout

Everyday Day

NILS appointments | Computer Use | Printing | Photocopying | Book Library | \$2 Coffee

'Seriously Good' Coffee!

Are you a coffee lover? Ben, our Manager, has declared our coffee to be 'seriously good' and would like to invite you to come



join us at the Centre and indulge in a coffee for only \$2. Not only will you get to meet us and learn about who we are and what we do, you will also be supporting the centre. Everybody welcome!

Community Lunch

Come join us for lunch! Every 2nd Wednesday a two course meal is offered here at the Centre and all community members are welcome and encouraged to join us. As numbers are limited bookings are required, so please call us on 6244 6346 to book in. We look forward to having you join us.

As always your generous donations are appreciated and help us provide a great lunch for you and community members in need.



Food Assistance

Each week we receive a limited amount of food from providers which include items such as bread, milk, fruit and vegetables to distribute to those who need some assistance. These items are available for pickup from 8:30am each Wednesday and are offered on a first come first serve basis (no holds available). Please follow the signage for direction on where to collect at the Centre.

The Centre also greatly appreciates food donations from the community to help support this program.

Centre Facilities

Do you need to access a computer? Need to print or scan something? We can help!

We have computers, a printer, scanner and laminators (A4 & A3) available for use.

Printing pricing: 20c for 10x A4 pages in B&W 50c per A4 page for Colour

Laminating costs: 50c per A4 sheet / \$1 per A3 sheet Bookings are preferred - call on 6244 6346

Room Hire

If you are seeking a room to meet a client, host a meeting/forum or a gathering, we may be able to assist you (restrictions do apply). The Centre has a large indoor space (COVID density restrictions apply), an outdoor space (including an undercover deck) and kitchen facilities.

If you are looking for somewhere and think our centre might meet your needs, please give us a call on 6244 6346 to make further enquiries.



No Interest Loan Scheme

The No Interest Loans Scheme (NILS) is a service that supports people on low incomes to purchase essential household items and services. We can support you to make your loan application here at the Centre. Please call NILS directly on 1300 301 650 to begin your loan application prior to calling us to book in your appointment.

Wellness Workout



Looking for an exercise class that focuses on strength, flexibility and balance in a fun and relaxed environment? Then this class is for you! Wellness Workout runs every Friday at 10:00am and costs \$5 per class. Please bring a water bottle and hand towel. If you are thinking of joining the class, please give us a call on 6244 6346.



Computers for Beginners

This class provides basic training in using computers and the internet. It is suitable for those who wish to further develop their knowledge and skills at a beginners level. Places are limited and bookings are essential. For enquiries, please call 6244 6346.

Yoga

Join Rhiannon and a community of like-minded yoga students at the Warrane Mornington Neighbourhood Centre for Gentle Flow Yoga on Mondays at 8:30. For a stronger class, Vinyasa Flow is on Mondays at 9:45, and Wednesdays at 9am.

Beginners Welcome!

To book into a class, follow the below link: https://sunflower-yoga-and-pilates.au3.cliniko.com/bookings







Do you have a young person looking for something to do on a Monday afternoon? Well this program might be just what you are looking for! Run every Monday during school terms, aimed at young people in grades 5 to 8 a drop in space for young people to enjoy food, games, music and craft activities. For more information call 6244 6346

Clarence City Council and Warrane Mornington Neighbourhood Centre DROP IN REC PROGRAM



Drop In for MONDAY WARRAN NEIGHBOU Warrane Moniforden Neideburbard Canton for Neideburbard Canton for Neideburbard Canton for Run during st

Drop In for games, food & music MONDAYS 3:00-4:30PM WARRANE MORNINGTON IEIGHBOURHOOD CENTER

*Activites aimed at students from grade 5 to 8 Run during school terms **\$**03 62 446 346





Women's Support Service

tas.relationships.org.au 1300 364 277

Support for women in Tasmania

Our Women's Support Service provides individual counselling services and peer group education workshops in a safe and respectful environment.

This is a service where women can be supported towards steps to employment and community engagement.

Group workshops and counselling can assist you with:

- communication and relationships,
- caring for yourself,
- employment processes, financial information, and employment pathways.

You do not need a referral to use these services.

Call us on 1300 364 277 or email <u>womenssupport@reltas.com.au</u> to make an appointment, or ask any questions.

The Women's Support Service has been generously supported by the Department of Prime Minister and Cabinet's Office for Women. There are no fees to access this service.

> Women's Support Service is a peer group education and counselling service which provides a safe, respectful and empowering atmosphere.



CONNECT WITH US ONLINE

Keep up to date with news and activities

www.wmnc.org.au

www.facebook.com/warranemornington

instagram.com/warranemornington_nc

🚺 Important Dates

- 8 May Garden Working Bee
- 11 May Neighbourhood House Week BBQ
- 21 May Voting Day Federal Election
- 12 June Garden Working Bee
- 13 June PUBLIC HOLIDAY
- 9 July School Holidays Start
- 10 July Garden Working Bee
- 25 July School returns

Newsletter Term 2 2022 Warrane Community Garden



Garden News



Welcome back to the garden!

This update shares many thanks to our wonderful supporters for some incredibly generous donations over the last quarter. I'm also excited to share the latest on our developing native plants section. If you would like to get involved with developing and maintaining this project we'd love to hear from you too.

Once again, the biggest of thanks goes out to our volunteers and supporters over the last quarter for all your wonderful contributions and enthusiasm for growing community through the garden.

~ Katie

Donation Appreciation

The Harvest Festival provided our first big opportunity to use the new outdoor umbrellas donated to us by the Lions Club of Clarence with support from Lions Tasmania.



A huge thank you Lions for these wonderful additions to the Warrane Community Garden. They will be a valuable resource all year round.

Donation Appreciation cont...



Thanks to Kerry of Heartwood Nursery for generously donating some of the plants on our extensive plant list



Photo credit with thanks: Lily Winzil

for our developing native plants section.

If you need to talk to a specialist about eucalyptus trees or coastal native plants for your own garden context, Kerry is a wonderful fountain of information and plant source.

Special thanks also to Bunnings Mornington for their generous cash donation of \$1000 to use for items



and inputs the Garden needs. The team were thrilled to be able to put some of this towards shelving to help organise the shed!

Acknowledgment of Country

Warrane Community Garden acknowledges the Traditional Owners of this land, the mumirimina people of the Oyster Bay Nation. We recognise their continuing connection to Country on which we now gather and garden. We pay respect to and to the Tasmanian Aboriginal community that continue to care for Country, to elders past and present and to the many Aboriginal people that did not make elder status.



The Warrane Community Garden is an initiative of the Warrane Mornington Neighbourhood Centre.

Neighbourhood Centre Inc

Working Bees

The garden's regular working bee is the second Sunday of each month, 9am-12pm. We also meet weekly on Friday mornings between 10 -12 for a more casual mini-bee.

All hands are welcome no matter what your level of gardening experience. Come along and meet other volunteers contributing to the wellbeing of the garden and its visitors.

A couple of things that we ask you to bring are: Your own reusable cup (tea/coffee/water are provided), your garden gloves & favourite weeding tool - if you have one.

If you would like to get involved at other times or just on individual projects – like the orchard, the espalier trees, the grapevines, the native garden etc... please get in touch to find out more!

Next Garden Working Bees



9am - 12 noon Sunday 8th May Sunday 12th June Sunday 10th July





Acknowledgement of Country



Native garden planting begins

April Working Bee

April's working bee focused on our developing native section!

This project will increase the biodiversity within the garden, and surrounding area; encourage native pollinators and support a thriving native ecosystem for birdlife, reptiles and insects.

Once completed, we will use this area as an educational site by showcasing local endemic species to the area that visitors can learn about for their own success with native plants.

Fantastic weather and lots of helping hands made for a wonderful morning in the garden. Big thanks to Understory and Bellerive Bluff Coast & Landcare group volunteers for their extra support.

And huge props to our awesome worker bees as always too!

We are very grateful for the project grants support from Clarence City Council Landcare Grants and Planet Ark's Seedling Bank.



April worker bee team



A much deserved morning tea break

Harvest Festival 2022

We hope you were able to join us for a wonderful day at our March Harvest Festival in the garden. The beautiful weather encouraged a fantastic turnout of 150 people who participated in mini-workshops, wonderful stalls & activities, delicious coffee and a free Neighbour Day BBQ.

Thanks to everyone who supported this event. We raised \$405 for garden inputs.

Planning is already underway for our Spring Gathering Event. Please get in touch if you are interested in helping plan or participate.



Welcome and Acknowledgement of Country



Plant sales available at the festival



Ailsa and Cam talking about all things weedy, from weed IDs to priorities and removal strategies.



Lily and Sarah helping the younger folk create bee hotels and leaf decorations.



Garden Guidelines

To help everyone feel safe and welcome at the garden these guidelines have been developed in consultation with the community.

Pets in the garden

Please ensure pets are on lead when walking through the garden and keep them off garden beds and the growing mounds (which also have food plants).

Children in the garden

The garden is a working food garden. To keep them safe, children should be supervised by an adult when visiting.

Care for all visitors

The garden is an alcohol, drug, & smoke free zone.

You can read more about the guidelines process on our website.

Garden Share Stand

The garden stand has been installed to share free produce, plants, and seedlings with the community. If you have an excess of garden produce, please feel free to add them to the stall.



Group Visits

If you would like to organise an activity with your group in the garden, please get in touch about access to facilities.

Keeping In Touch

If you would like to get involved at the garden or learn more please visit:

https://wmnc.org.au/community-garden

Alternatively, contact Katie - Garden Coordinator 6244 6346 katie@wmnc.org.au Page 3